

# **Cub Scout Adventure In a Box**



## **November Adventures**

**Ready, Set, Grow**



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BOY SCOUTS OF AMERICA

## INTRODUCTION

*Dear parents/leaders,*

*Be sure to read this section (below) to or with your scout(s) to introduce this month's adventure and what you will be learning and doing.*

Welcome scouts to the November Adventure In a Box! This month the theme we are exploring is Ready, Set, Grow!! Lion Cub Scouts learn about gardening and where food comes from while working on the Ready Set Grow adventure. They also plant their own container garden.

### RATIONALE FOR ADVENTURE

Lions in the jungle are always on the hunt for food; they have to spend much of their time looking for something to eat. We need food as well so we can grow big and strong. Real lions can't grow a garden, but Lion Scouts can! When the Lions learn basic gardening skills, they are learning a valuable way to grow their own food. They are also developing a connection and seeing the importance of the natural world.

### TAKEAWAYS FOR CUB SCOUTS

- Demonstrating basic gardening skills and understanding different types of gardens
- Exploring where some food comes from
- Planting a small container garden

### CONNECTIONS WITH DESIRED OUTCOMES

- Character development
- Participatory citizenship
- Personal fitness



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## ADVENTURE REQUIREMENTS

Below is a list of the requirements your scout(s) will need to complete in order to earn the belt loop. Some requirements will have an activity they will need to do and some will be an outing or experience they will need to have. Detailed instructions for the activities and guidance for the outing are included later in this guide.

Complete the following Requirements.

1. Visit with an individual who can demonstrate different ways to garden (outside, greenhouse, container, etc.) and the basic skills needed to garden.
2. Learn where the food we eat comes from.
3. Plant a small container garden.

### Tips from an Akela!



Parents - Demonstrate using your imagination examples of gardening: outside gardening, greenhouse gardening, or container gardening. Discuss basic skills needed to garden: watering, fertilizing, weeding, managing bugs (both helpful, like ladybugs, and harmful, like cutworms), and knowing when to harvest

Visit a Virtual Plant Nursery:

<https://www.youtube.com/watch?v=TVQWKnfnH3U>

<https://www.youtube.com/watch?v=vX1kyJYOqmM>



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## MATERIALS LIST

*The following supplies will be needed to complete the activity. Items that you may find around the house.*

- Recycled materials for the group to build a large model plant. Ideas are paper **towel rolls, wrapping paper rolls, plastic food netting, newspaper, empty cans, masking tape**, etc.
- For the model plant, have **safety scissors and glue**
  - **One 2-liter plastic soda bottle for each scout**
  - **Handful of loose pebbles or rocks**
  - **Potting soil**
  - **Plants or seeds (something which won't get too big)**
  - **Stones, small plastic critters, etc for decoration**

## ACTIVITES

### **Activity 1: Meet a Gardening Expert**

Visit with an individual who will share different types of gardening and basic gardening skills. As a group, choose some talking points you would like to have the individual cover. These can be based on your location, the growing zone you live in, the type of weather you have, etc. This activity should last 10–15 minutes based on the attention span of the Lions. Maybe the expert could bring pictures or some examples of plants and veggies.

### **Activity 2: Build a Model Plant**

Build a large model plant on a table or the floor using recycled materials (shredded newspaper for roots; paper towel rolls, wrapping paper rolls, etc., for the stem or stalk and branches; newspaper for the leaves; etc.). Explain what each part of the plant does as the Lions build (the roots feed the plant and keep it anchored in the ground, the stem is the structure or skeleton of the plant, the branches hold the leaves, the leaves give off oxygen for us to breathe).



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## Plant a Pizza Garden

One way to get them interested in playing in the dirt and in healthy eating habits is to plant a pizza garden. They might be more willing to try different fresh foods if they harvest them from plants they tended.

Planting a pizza garden is not complicated. Obtain some plants or seeds for typical pizza toppings:

- Roma tomatoes are wonderful just sliced thin on your pizza instead of using sauce.
- Bell peppers are easy to grow. Slice them thin also.
- Get your onion bulbs in to have onions later in the season.
- Spinach also makes a nice pizza topping.
- Broccoli can be a little more difficult to grow, but more advanced gardeners can give it a try.
- Basil grows well. Slice it thin and sprinkle it on top of your cooked pizza.

Oregano is a typical pizza seasoning. You can chop it and top your cooked pizza with it also.

### Activity 3: Make a Container Garden

The Lions will plant their container gardens using the information they learned at the previous den meeting.



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## WRAPPING IT UP

Congratulations! If you have completed all of the activities and finished all the requirements, you are all done working on this adventure!

## AFTER YOU HAVE COMPLETED YOUR ADVENTURE

*Once you have completed your adventure present your Scout with the Adventure Belt Loop. Also make sure to mark off the requirements in ScoutBook. Once you do this your Den Leader will be notified of your Scouts achievement.*



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