

Serious Bleeding Hurry Case

- Blood gushing out of a wound like a fountain needs immediate attention.
- Put on gloves and eye protection before touching victim.
- Grab wound and press hard.
- Grab cloth, fold it, and press on wound. Don't remove pad if it gets soaked with blood. Instead, put another one over the first.

Heart Attack/Cardiac Arrest Hurry Case

- If person is unresponsive, begin chest compressions immediately.
- Put your hands on top of each other, and lace fingers together.
- Using heels of your hands, push hard and fast on victim's chest for 30 compressions.
- Perform 2 rescue breaths.
- Give 30 compressions. Continue this cycle.

Stopped Breathing Hurry Case

- Make sure victim is lying on their back. Press down on forehead & lift chin to open airway.
- If victim isn't breathing, give 2 rescue breaths. Put CPR barrier over mouth.
- Pinch victim's nose, seal your mouth over theirs, and blow into it to fill lungs.
- Remove mouth, then give another rescue breath.

Stroke Hurry Case

- Remember **FAST**.
- **Face drooping** - One side drooping? Uneven smile?
- **Arm weakness** - One arm weak or numb?
- **Speech difficulty** - Slurred speech? Hard time speaking or repeating simple sentence?
- **Time to call 911** – Call 911 immediately for any of these signs.

Poisoning Hurry Case

- If someone has swallowed or breathed in poison, call 911 or 1-800-222-1222 (national Poison Help Line) immediately
- Tell operator what the poison is, if you know it. Follow their directions.
- Save poison container so professionals can identify poison.

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3Cs for Hurry Cases

CHECK: Make sure area is safe for you. Is victim moving or breathing? Responding questions?
CALL: Call 911. Call out or send someone for help.
CARE: Care for victim as best you can while waiting for help. Perform first aid for hurry cases.

Compliments of CPRWrap.com

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